



HE KETE MANARUA

Te Hauora



KAUPAE 1

92058 | Te tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga
(Ngā Whiwhinga: E 5)

Te Rā Tuku Aromatawai ā-Waho: Te Wāhanga 4 – I mua i te 28 o Oketopa, 2026.

NZQA

Mana Tohu Mātauranga o Aotearoa
New Zealand Qualifications Authority

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He Kete Manarua

Ko te **KETE** i pū mai i te pā harakeke, ā, he whakapapa tōna.

He **MANA** tōna, ā, e **RUA** hoki ōna āhuatanga. Ko ngā taonga tuku iho ka kohikohia e te ākonga, ka tahi. Ka rua, ko te whakapiki i te mana motuhake o te ākonga, o ōna hapū, o ōna iwi hoki.

He tāpaetanga ā-matihiko te āhua o te KETE MANARUA ka tukuna mai e te kura, ā, he kōpaki, he kiriata, he kōrero ā-waha, he rauata, he tuhinga, he pūrongo, he whakaaturanga, he rātaka, he mahi rangahau, he aha atu, he aha atu ngā momo tāpaetanga.

Te whakaahua o te uhi o mua:

Nō Janice te whakaahua / Adobe Stock. (#477225487)



Te Hauora

92058 Te tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga

(Te Kaupae 1, Ngā Whiwhinga: E 5)

Kairangi	Kaiaka	Paetae
Ka whakamārama i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga.	Ka whakaahua i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga.	Ka tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga.

Te Tūmahi Aromatawai ā-Waho

E whakaatu ana te Kete Manarua i tētahi tauira hei kōwhiringa mā te kaiako. Mā te kaiako tonu e whiriwhiri mēnā rānei ka whakamahia te/ngā tauira nei, ka whakamahia rānei he mahi whakaharatau, ka whakaritea rānei he Tūmahi Aromatawai anō hei whai mā te ākonga.

E TORU ngā wāhanga o tēnei tūmahi aromatawai ā-waho:

WĀHANGA 1: Ngā Āhuetanga Matua o te Kaitiakitanga

WĀHANGA 2: Te Hononga ki te Oranga

WĀHANGA 3: Ngā Taunakitanga

He Whakamārama

Ka tautohu te ākonga i tētahi āhuetanga, kaupapa o te Kaitiakitanga nō roto i tōna rohe, hapū, iwi rānei.

Ka whakaatu te ākonga i tōna māramatanga ki te tiaki i tētahi taonga tuku iho a tōna whānau rānei, a tōna hapū rānei, a tōna iwi rānei. Ka taunaki te ākonga i ngā kōrero tuku iho e pā ana ki te taonga, ki ngā āhuetanga matua o te kaitiakitanga me ngā hononga ki te oranga.

Ngā Tohutohu

Mā te ākonga e whiriwhiri i tētahi kaupapa kaitiakitanga e hāngai ana ki tōna whānau, ki tōna hapū, ki tōna iwi rānei.

Hei tauira:

- Tētahi taonga tuku iho (pēnei i tētahi wāhi tapu, tētahi awa, tētahi maunga, tētahi moana);
- Tētahi tikanga (pēnei i te rongoā, te māra kai, te mahi harakeke, te whakairo);
- Tētahi rōpū kaitiaki o tōna rohe;
- Tētahi kaupapa tiaki taiao o tōna whānau, hapū, iwi rānei.

Ngā Wāhanga e toru o te Kete Manarua

Whiwhiria **TĒTAHI** o ngā āhuetanga e hāngai ana ki tō Kaupapa.

TE WĀHANGA TUATAHI: Ngā Āhuetanga Matua o te Kaitiakitanga

Whakamāramahia te kaupapa kaitiakitanga i kōwhiria e koe. Kōrerohia ētahi o ngā āhuetanga matua o te kaitiakitanga, pēnei i:

- Te mauri me te tapu.
- Te āhua me ngā tikanga o te kaitiakitanga o mua, o nāianei hoki.
- Ko wai ngā kaitiaki? E tiaki ana i te aha?
- Te mana whenua, te ahi kā.

- Te mana whakaheke, te mana tūpuna.
- Te whakapapa.
- Ngā rāhui.
- Ngā ture o nāianeī, pēnei i Te Ture Whakahaere Rawa.

TE WĀHANGA TUARUA: Te Hononga ki te Oranga

Whakamāramahia te hononga o te kaupapa kaitiakitanga ki te oranga.

Kōrerohia ētahi o ngā hononga nei:

- Te pānga ki te mana o te whānau, o te hapū, o te iwi.
- Te whakaora ake i te kaupapa kaitiakitanga hei tikanga tuku iho.
- Te pupuri ki ngā tikanga tuku iho a te iwi, a te hapū, a te whānau.
- Te pānga ki te mauri o te whenua, o te taiao.
- Te pānga ki ngā uri whakaheke.

Ka pēhea te tiaki i tēnei kaupapa kaitiakitanga e whakapai ai te oranga - te oranga wairua, te oranga hinengaro, te oranga tinana, te oranga whānau rānei o te tangata, o te hāpori rānei?

TE WĀHANGA TUATORU: Ngā Taunakitanga

Kohikohia ngā taunakitanga e tautoko ana i ō kōrero.

Hei tauira:

- Ngā kōrero a ngā kaumātua, a ngā pakeke, a ngā mātanga rānei (mā te hopukanga reo, mā te uiuinga).
- Ngā whakaahua, ngā kiriata o te wāhi, o te kaupapa rānei.
- Ngā tuhinga, ngā mahi rangahau, ngā pakiwaitara tuku iho.
- Ngā tauira o ngā mahi kaitiakitanga e mahia ana ināianeī.

Te Āhua o te Tāpaetanga

Ka whakaemi te ākonga i ngā mahi katoa, ka whakaraupapa ai hei taunakitanga mō te Kete Manarua, e rua ngā kōwhiringa e whai ake nei:

1. He whakaaturanga, he kiriata rānei - 2 meneti te roa.
2. He tuhinga rānei (he whakaahua hoki) kia 300 kupu te roa.

Me whakaatu i ō mātāpuna katoa - ngā kaumātua i uiuia e koe, ngā pukapuka, ngā paetukutuku, ngā honongaitua rānei.

HEI TAUIRA

Te Paerewa Paetae

Tau

AS92058

Putanga

2

Whārangī 1 o te 4

Paerewa Paetae

Aronga

Hauora 1.3

Ingoa

Te tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te ora

Kaupae

1

Whiwhinga

5

Aromatawai

Ā-waho

Marau akoranga

Te Marautanga o Aotearoa

Kokonga akoranga

Hauora – Wāhanga Ako

Mana rēhita

Kua rēhitatia

Te rā i mana ai

Hakihea 2023

Te rā e arotakengia ai

Hakihea 2028

Te rā i puta ai

Hakihea 2023

Te Whāinga

Ko te whāinga o tēnei paerewa paetae he tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te ora.

Paearu Paetae

Paetae	Hei tohu i te paetae: Ka tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te ora.
Kaiaka	Hei tohu i te kaiaka: Ka whakaahua i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te ora.
Kairangi	Hei tohu i te kairangi: Ka whakamārama i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te ora.

Kōrero Āpiti

- 1 I ahu mai tēnei paerewa paetae i te Taumata 6 o Te Marautanga o Aotearoa (Te Tāhuhu o te Mātauranga, 2017). E hono ana ki te Papa Whakaako mō Hauora kei: <https://ncea.education.govt.nz>.

Whāinga Paetae

Taiao, Hononga ki a Ranginui rāua ko Papatūānuku

1. Ka arotake i te whaihua o ngā mahi me ngā tikanga a tētahi rōpū kaitiaki Taiao.

Taiao, Hononga ki ētahi atu Taiao

2. Ka tūhura i te mahi me ngā tikanga whaihua o te rohe, o te motu hei whakatairanga i te noho ora o te tangata me te noho haumaruru i roto i ngā taiao.

Tangata, Huatau o te Whanaungatanga

3. Ka whakaatu i tōna mārama ki ngā āhuatanga e puta ai te tuakiri whaiaro o te tangata, kia taea ai te whakanui i tōna tū motuhake me te tiaki i tōna oranga wairua, oranga hinengaro, oranga tinana.

- 2 E whai ake nei ngā whakamārama mō ngā paearu paetae:

Ka tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga:

- Ka whiriwhiri, ka whakaputa whakaaro ki ngā āhuatanga matua o te kaitiakitanga.
- Ka tautohu i te hononga o te kaitiakitanga ki te oranga.
- Ka taunakitia ngā whakaaro.

Ka whakaahua i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga:

- Ka whakaputa whakaaro huritao ki ngā āhuatanga matua o te kaitiakitanga.
- Ka whakaahua i te hononga o te kaitiakitanga ki te oranga.
- Ka āta taunakitia ngā whakaaro.
- Ka āta kōrerohia ngā taipitopito.

Ka whakamārama i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga:

- Ka whakatau i ngā tino āhuatanga matua o te kaitiakitanga.
- Ka whakamārama i te hononga o te kaitiakitanga ki te oranga.
- Ka āta taunakitia ngā whakaaro ki ngā kōrero tautoko huhua.
- Ka āta kōrerohia ngā taipitopito me ngā take i pērā ai te whakaaro. Arā, ka whakautu i te pātai 'He aha ai?', i te 'Ka pēwhea?' rānei.

- 3 E whai ake nei ngā whakamārama mō ngā kupu me ngā kīanga whaitake matua o te paerewa nei:

<i>kaitiakitanga</i>	Ko ngā āhuatanga o te āta tiaki i te taiao me ōna rawa, tae noa ki ngā taonga tuku iho, i runga anō i te tirohanga Māori.
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<i>ngā āhuatanga matua o te kaitiakitanga</i>	Koia nei ētahi: • te mauri me te tapu • te āhua me ngā tikanga o te kaitiakitanga o mua, o nāianeī hoki • Ko wai ngā kaitiaki? E tiaki ana i te aha? • te mana whenua, te ahi kā • te mana whakaheke, te mana tūpuna • te whakapapa • ngā rāhui • ngā ture o nāianeī, pēnei i Te Ture Whakahaere Rawa.
<i>te hononga ki te oranga</i>	Koia nei ētahi: • te pānga ki te mana, ki te kawenga o te whānau, o te hapū, o te iwi ko rātou ngā kaitiaki • te whakaora ake i te kaitiakitanga hei tikanga tuku iho • te pupuri ki ngā tikanga tuku iho a te iwi, a te hapū, a te whānau • te pānga ki te mauri o te whenua, o te taiao • te pānga ki ngā uri whakaheke.
<i>whakatau</i>	Ka kōwhiria te whakatatūnga o ngā āhuatanga e aronuitia ana, waihoki, ka kitea te āta huritao.

4 Arā ngā Tikanga Aromatawai mō tēnei paerewa paetae, kei: <https://ncea.education.govt.nz>.

5 Kuputaka

mana tūpuna	<i>power through descent</i>
mana whakaheke	<i>inherited status, mana through descent</i>
Te Ture Whakahaere Rawa	<i>Resource Management Act</i>
uri whakaheke	<i>descendant</i>

Kōrero Whakakapinga

I whakakapingia ngā paerewa 91684-91689 e ngā paerewa 92056-92059.

Tātari Kounga

- 1 Me mātua whakamana ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi e te Mana Tohu Mātauranga o Aotearoa ka rēhita ai i ngā hua ka puta mai i ngā aromatawai ki ngā paerewa paetae.
- 2 Ko ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi kua mana, ā, e aromatawai ana i ā rātou hōtaka ki ngā paerewa paetae, me uru rātou ki ngā pūnaha whakaōrite e tika ana mō aua paerewa paetae.

Ko te tohutoro ki te Mahere Whakamana, Whakaōritenga hoki

0233

Te Tautuhinga Aromatawai ā-Waho



Te Paerewa Paetae

92058

Te Ingoa o te Paerewa Paetae

Te tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga

Ngā whiwhinga

E 5

Te Marau

Te Marautanga o Aotearoa: [Hauora](#)

Te Wāhanga Ako

[Te Tukutuku Ako](#)

Te Tukanga Aromatawai ā-Waho

[He Kete Manarua](#)

Te Momo Tāpaetanga ā-Matihiko

He konae tuhituhi – .PDF (5 – 20 whārangi)
He kiriata – .mp4 | .avi | .mov | .m4v (<5GB)

Te Rā Tuku Aromatawai ā-Waho

Te Wāhanga 4 – Te 28 o Oketopa, 2026.

Ngā Wātaka Aromatawai ā-Waho

1. [Ngā Rā Aromatawai 2026](#)
2. [2026 Examination Timetable](#)

Te Whakatakotoranga Aromatawai ā-Waho

Ka whakaatu te ākonga i tōna mārama ki te tiaki i tētahi taonga tuku iho a tōna whānau rānei, a tōna hapū rānei, a tōna iwi rānei. Ka taunaki te ākonga i ngā kōrero tuku iho e pā ana ki te taonga, ki ngā āhuatanga matua o te kaitiakitanga me ngā hononga ki te oranga.

E whai ake nei ētahi tauira o ngā āhuatanga hei kōrero mā te ākonga.

Te Kaitiakitanga:

He tirohanga Māori te kaitiakitanga ki ngā āhuatanga o te āta tiaki i te taiao me ōna rawa, tae noa atu ki ngā taonga tuku iho. Ko ngā āhuatanga matua o te kaitiakitanga;

- ko te mauri me te tapu
- ko te āhua/tikanga o te kaitiakitanga i ngā wā o mua, o nāianei hoki
- ko ngā kaitiaki me ngā mea e tiakina ana e rātou
- ko te mana whenua me te ahi kā
- ko te mana whakaheke/mana tūpuna
- ko te whakapapa
- ko te rāhui
- ko ngā ture o nāianei, pēnei i te Ture Whakahaere Rawa.

Te hononga ki te oranga:

- ko ngā pānga ki te mana, ki ngā kawenga hoki a te whānau, a te iwi hei kaitiaki taonga;
- ko te whakaora ake i ngā āhuatanga matua o te kaitiakitanga hei tikanga tuku iho;
- ko te pupuri i ngā tikanga tuku iho a te whānau, a te hapū, a te iwi hoki
- ko ngā pānga ki te mauri o te whenua me te taiao
- ko ngā pānga ki ngā uri whakaheke.

Ka whakaemi te ākonga i ngā mahi katoa, ka whakaraupapa ai hei taunakitanga mō te Kete Manarua, e rua ngā kōwhiringa e whai ake nei:

1. He whakaaturanga, he kiriata rānei - 2 meneti te roa
2. He tuhinga rānei (he whakaahua hoki) kia 300 kupu te roa.

Tēnā tirohia te Kete Manarua i te paetukutuku nei - He Kete Manarua.

E whakaatu ana te Kete Manarua i tētahi tauira hei kōwhiringa mā te kaiako. Mā te kaiako tonu e whiriwhiri mēnā rānei ka whakamahia te/ngā tauira nei, ka whakamahia rānei he mahi whakaharatau, ka whakaritea rānei he Tūmahi Aromatawai anō hei whai mā te ākonga.

Ngā Herenga Aromatawai ā-Waho

He mahi takitahi tēnei mahi me te whakatakoto taunakitanga mō te aromatawai ā-waho mā te ākonga. Kia tutuki pai ai te Kete Manarua ā-matihiko nei:

- me whakaputa hei PDF;
- me noho te rahinga tuari ki raro i te 5GB e pai ai te tārewatanga o ngā mahi ki te Online Digital Submission Portal;
- me tika te whakaraupapatanga o ngā mahi;
- me tika te whakatakotoranga o ngā mahi (kia kaua e noho tītaha, e huripoki rānei);
- me tāmau te kiriata ki te tītohunga ata, otirā, kāore e whakaaetia ana te tukunga o te honongaitua i tōna kotahi.

[Using the new digital submission portal.](#)

Te Motuhēhē o ngā mahi o ngā ākonga

Me pēhea e mōhiotia ai te motuhēhē o ngā mahi a ngā ākonga? He tukanga, he taunakitanga me whai, e mōhiotia ai nā te ākonga ake āna mahi aromatawai. Kia mataara ngā ākonga, ngā kaiako me te whānau hoki o te kura ki te motuhēhē o ngā mahi a ngā ākonga.

He māmā noa iho te tiki mahi a tangata kē, heoi, mā te mihi e whakaatu, e whakanui hoki i ngā tāngata me ngā puna awhina i puta ai ngā mahi a ngā ākonga.

Hei tauira:

- He rerenga kupu poto e tohu ana i te pūtakenga mai o tētahi kōrero;
- He rārangi tohutoro i te whārangi whakamutunga o ngā mahi;
- He mihi ki ngā puna āwhina, ki ngā puna kōrero;
- Ngā momo puna awhina, puna kōrero rānei:
 - » he kōrero ā-waha: he uiui i ngā kaumātua, i ngā pakeke, i ngā rangatira, i ngā mātanga rānei;
 - » ngā pukapuka i whakaputaina;
 - » ngā pukapuka kāore anō i whakaputaina;
 - » ngā wāhitau ipurangi, ngā honongaitua rānei.

He kōrero anō kei ngā paetukutuku NZQA:

- [Authenticity: NZQA](#)
- [Myth 3 Managing authenticity: NZQA](#)
- [Authenticity of externally assessed standards: NZQA](#)
- [Guidance on the acceptable use of Artificial Intelligence: NZQA](#)

Te Tāpaetanga me te Hāponotanga

Ko ngā tāpaetanga Kete Manarua me mahi mā te pūnaha hou (kei te paetukutuku matua o MyNZQA): Tāpaetanga pūnaha hou a NZQA.

Kāore te Kete Manarua matihiko e whakahokia ki te ākonga. Mēnā he kōrero anō mō te tāpaetanga me te hāponotanga o te mahi, mā te tari o NZQA e pānui atu ki ngā kura.

Mēnā kei te hiahia āwhina te kura ki te tuku i ngā tāpaetanga o te Kete Manarua:

- Īmērahia a assessment.servicecentre@nzqa.govt.nz,
- waeahia rānei te NZQA Contact Centre i te 0800 687 296.

He Mahere Aromatawai ā-Waho

Hauora 92058:Te tautohu i ngā āhuatanga matua o te kaitiakitanga me tehononga ki te oranga

Kairangi	Kaiaka	Paetae
Ka whakamārama i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga.	Ka whakaahua i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga	Ka tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga.

Te Taunaki i te Aromatawai ā-Waho

Kairangi	Kaiaka	Paetae
- Ka whakatau i ngā tino āhuatanga matua o tētahi kaupapa kaitiakitanga motuhake. - Ka whakamārama i te hononga o te kaupapa kaitiakitanga ki te oranga o tōna iwi. - Ka taunakitia ngā kōrero. - Ka mutu ka āta kōrerohia ngā taipitopito me ngā take i pērā ai te whakaaro.	- Ka whiriwhiri, ka whakaaro ki ngā momo āhuatanga matua o tētahi kaupapa tiakitanga motuhake. - Ka whakaahua i te hononga o te kaupapa tiakitanga ki te oranga o tōna iwi. - Ka taunakitia ngā kōrero. - Ka mutu ka āta kōrerohia ngā taipitopito.	- Ka whiriwhiri i ngā momo āhuatanga matua o tētahi kaupapa tiakitanga motuhake. - Ka tautohu i te hononga o te kaupapa tiakitanga ki te oranga o tōna iwi. - Ka taunakitia ngā kōrero.